

Nourishing Body & Soul



Lido

Enjoy the tasteful Latvian cuisine through authentic local food and cozy interior. As Gunārs Ķirsons says – “just the way we would cook at home, for our children”. There are multiple branches, [see the map here](#)

Naples

Restaurant “Naples” can be proud of everything – most beautiful sunrises and sunsets. It is located at the so called Riviera of Riga – Andrejosta.

[See the map](#)

Mazā Terapija

“A little therapy” combines healthy eating with a focus on wellness. The menu features a variety of vegan and vegetarian dishes, made from fresh, organic ingredients. The café’s tranquil environment and emphasis on holistic well-being make it a popular spot for those looking to nourish both body and mind.

[See the map](#)

Ezītis miglā (= Hedgehog in the fog).



When you enter Ezītis, you will always be welcomed and feel at home. At Ezītis, you won’t have to worry about your everyday “masks” because here, you will always be accepted as one of us, regardless of your age, gender, or any other factors. There are multiple branches, [see the map here](#)

([TIP: the name is inspired by the cartoon “Hedgehog in the fog”.](#))

Rosemarine

Located in the center of Riga, Restaurant Rosemarine is the perfect place for breakfast and coffee, lunch, dinner, or a late snack. It charms with delicious food served in a beautiful seaside setting.

[See the map](#)

The Three Chefs restaurant

The restaurant is located in the Jacob’s Barracks complex, which was built at the end of the 18th century. The restaurant is inspired by nature and people - in the broadest sense of these words. Here you can experience the best of modern Latvian cuisine, accompanied by a selection of carefully curated drinks.

[See the map](#)

Breakfast in Riga

Breakfast and brunch

Latvian cuisine

Michelin Guide restaurants



RIIS

RIIS is a vibrant Asian eatery specializing in wontons, offering a unique ‘social food’ experience where patrons can customize their toppings to suit their preferences, fostering an interactive dining atmosphere.

[See the map](#)

Galleria Riga rooftop terrace

The panoramic 360° scenery of Riga with a small garden near the sky.

[See the map](#)

BURZMA

A Food Hall with 10 restaurant and a stunning rooftop views to inspire your dining experience. Burzma (Bustle) in Latvian describes the feeling one gets when there are a lot of things to do and people to see.

[See the map](#)



Flavours of Latvia that you should experience